**Master Syllabus**

**College of Education**

**Department of Leadership, Counseling and Educational Technology**

**6404 Introduction to Counseling Theories**

3 Credits

CRN, Semester

Faculty Name and Rank

|  |  |  |
| --- | --- | --- |
| **Contact Information** | **Class Hours** | **Office Hours** |
| Office:  Phone:  Fax:  E-mail:  SKYPE: | Day, Time, Room | Days/Times  Or by appointment  via office  or SKYPE  or On-line as scheduled |

**Course Description: (From catalog plus any additional instructor amplification)**

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| --- |
| The study and practice of major theoretical positions in counseling and psychotherapy; implications for research and practice in contemporary social contexts |

**Objectives: (Summary if distinct from objectives for CACREP, FEAPs or NCATE)**

1. **Course Outcomes/Objectives/Assessments**

**Implementation Strategies**

**Primary Method of Instruction**

|  |  |  |
| --- | --- | --- |
| **Included? Y/N** | **Method Type** | **Description** |
| x | Analysis and Reflection | Reflection on practice is of importance because it enables practitioners to assess, understand and learn through their experiences. A positive active process of reflection that reviews, analyses and evaluates experiences draws on theoretical concepts and previous learning and so provides an action plan for future experiences. |
|  | Artifacts (i.e., audio tape/video) | Audio and/or video recorded lessons are used for analysis, annotation and reflection on counseling concepts that are being put into practice. |
| x | Cooperative Learning Activities | Cooperative learning is a generic term for various small group interactive instructional procedures. Students work together on academic tasks in small groups to help themselves and their teammates learn together. |
| x | Large/Small Group Discussion | Group work provides opportunities for intellectual and personal growth that cannot be achieved so easily in the standard lecture situation. It provides opportunities for interaction between students and among students. |
| x | Lecture | The lecture is a teaching method where an instructor is the central focus of information transfer. Lectures are a straightforward way to impart knowledge to students quickly. |
| x | Role Play | Role-playing refers to the changing of one's behavior to assume a role, either unconsciously to fill a social role, or consciously to act out an adopted role. |
|  | Virtual/Online | The entire course is taught online with possibly a maximum of one or two face to face meetings. |
| x | Web Based Activity/Hybrid | Web based activities tend to provide information resources for students and/or help to create a richer learning environment that includes activities, resources, and assessment. |
|  | Field Experience Course | The course is primarily designed to provide practicum or internship experiences and supervision. |
|  | Guest Speakers/ Field Trips | The course includes one or more guest speakers or trips to external sites (on an individual or group basis) to support learning from experts or examples from the field. |

**Required Materials/Activities:**

* 1. **Text:** Sharf,R. S. (2012). *Theories of psychotherapy and counseling: Concepts and cases* (5th ed). Pacific Grove, CA: Brooks Cole.

**For MHS:** Walter, J. L. & Peller, J. E. (1992). Becoming Solution Focused in Brief Therapy. NY: Brunner Mazel.

* 1. Other readings as assigned (on-line, journals and handouts).
  2. Class lectures, team presentations, audio and videotapes, role-plays, discussions, and other experiential activities.

**Recommended Resources:**

**Technology Resources:** Information on online tutorials to assist students is available online at http://www.fgcu.edu/support/

**Any assigned classroom readings or virtual documents (see Course Management System)**

**Sample Calendar of Coursework Activities**

**(Note that schedule may be subject to change.)**

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| **Important Notes: Instructor Policies and Rules** |

1. **Class Attendance Policy** .

**SAMPLE:** The classroom format is largely experiential. It is not possible to make up the experiences of demonstration, discussion, and feedback done in class. In order for maximum learning to occur, you must attend class regularly. Everyone is entitled to two (2) absences without penalty. For each absence beyond two, your final grade will be lowered by 10%. To be considered present you must be in class from beginning to end on a given day. It is also expected that all students have a valid reason for missing class which does not include “the last day of class.” All readings must be completed prior to class in order to maximize class discussions. During class, relevant questions, pertinent comments, and appropriate risk taking (i.e., modeling) are welcomed and encouraged.

1. **Written Assignments**. **Sample** All papers must be written in American Psychological Association (APA) form and style unless otherwise indicated. Papers are graded on the basis of professional quality/content, organization, form, and APA style. That means that format, references, citations, and writing must be both professionally and technically correct.

**3. Evaluation:**

| **Description** | **Points** |
| --- | --- |
| Exams |  |
| Behavior Self-Management Project |  |
| Model Career Program/Center Project |  |
|  |  |
|  |  |
| Professionalism and Participation |  |
| TOTAL |  |

|  |  |  |
| --- | --- | --- |
| **Minimum Percent** | **Minimum Points** | **Grade** |
| 90 |  | A |
| 80 |  | B |
| 70 |  | C |
|  |  |  |

**Policy regarding late or incomplete assignments**

1. Incomplete assignments will be provided the opportunity for completion before the end of the term or will be severely penalized.
2. Late assignments lose 10% per week or any part thereof that are late.
3. No incomplete grades will be awarded without students proposing and the professor accepting a contract in writing that specifies the work to be completed and the time schedule for its completion.

At the instructor’s discretion and based on exceptionally strong performance in one or more areas, students whose cumulative points are within 5 of cut off scores may be awarded + or – grades.

**Policies regarding technology usage and use of technology in class.**

**Sample Statement regarding the level of technology usage and any policies regarding use of cell phones, PDAs, laptops, and other personal electronic devices** Please Note: If you use a computer to take notes, please don’t be sending emails or be on the internet or any websites during class. I find this activity very disrespectful. If you are bored with what’s going on, please see me. Please shut down your cell phones unless you are employed at a critical care facility and are on-call, or have a pending emergency in your family. Everyone will appreciate this.

**The Fine Print: College/University Rules**

**Academic Behavior Standards and Academic Dishonesty**

All students are expected to demonstrate honesty in their academic pursuits. The university policies regarding issues of honesty can be found in the FGCU Student Guidebook under the Student Code of Conduct and Policies and Procedures sections. All students are expected to study this document which outlines their responsibilities and consequences for violations of the policy. The FGCU Student Guidebook is available online at <http://studentservices.fgcu.edu/judicialaffairs/new.html>

**College of Education LiveText Statement**

The College of Education has adopted the use of Live Text software to assist in the assessment of student's performance and program quality. As a degree-seeking, endorsement or certification student you are responsible for purchasing a membership to Live Text during your first course in the FGCU's College of Education. If you do not have a membership to Live Text, you will need to purchase it immediately. This is a one-time only purchase. Students enrolled in this class will be required to submit critical tasks (assignments that are linked to standards, relevant to the field you have chosen). Your work will receive scores in Live Text that will be used to help monitor your demonstration of the standards, receive feedback from faculty on your progression toward meeting them, and certify that you have demonstrated all the required standards and competencies needed. Your documented success on these tasks can contribute to a portfolio that showcases your learning for current and future employers.

**Confidentiality**

Protecting confidentiality is the cornerstone of our profession. You are expected to protect the information and identity of any client you work with as specified and limited by ethical standards (ACA and AMHCA and or ASCA) and relevant state and Federal laws. In some situations, class participants can sometimes serve as clients, counselors and peer supervisors. As a result, confidentiality regarding client issues is mandatory. Thus it is a baseline expectation that you will not carry personal information out of this class. Student school counselors are also expected to follow the Florida Standards for Professional Practice.

**Furthermore, students will be required to record, with appropriate permission and informed consent, counseling sessions for evaluation by site, university and peer supervisors**. This will be done using digital recording equipment and exchange of recordings using YouSendIt.com. Please register on Yousendit if you do not already have an account and familiarize yourself with how to readily send your digital recordings.

**Disability Accommodations Services**

Florida Gulf Coast University, in accordance with the Americans with Disabilities Act and the university's guiding principles, will provide classroom and academic accommodations to students with documented disabilities. If you need to request an accommodation in this class due to a disability, or you suspect that your academic performance is affected by a disability, please contact the Office of Adaptive Services. The Office of Adaptive Services is located in Howard Hall 137. The phone number is 239-590-7956 or TTY 239-590-7930

**E-mail.**

Students at Florida Gulf Coast University are eligible to obtain an e-mail account. In order to learn about this technology, you are required to open up an account and become familiar with the computer services available at FGCU. To activate, and your account, go to <http://eagle.fgcu.edu/> or you can call the Help Desk at 590-7107. Also, you should know that you can check and send messages from any Internet connection by going to http://eagle.fgcu.edu/.

**Student Observance of Religious Holidays**

All students at Florida Gulf Coast University have a right to expect that the University will reasonably accommodate their religious observances, practices, and beliefs. Students, upon prior notification to their instructors, shall be excused from class or other scheduled academic activity to observe a religious holy day of their faith. Students shall be permitted a reasonable amount of time to make up the material or activities covered in their absence. Students shall not be penalized due to absence from class or other scheduled academic activity because of religious observances. Where practicable, major examinations, major assignments, and University ceremonies will not be scheduled on a major religious holy day. A student who is to be excused from class for a religious observance is not required to provide a second party certification of the reason for the absence.

**The fine print: standards and assessments**

**College and University Competencies.**

Knowledge - Demonstrate understanding and application of current theory, methods, and trends.

CACREP Standards Matrix

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| --- | --- | --- |
| Core Standards: 5. HELPING RELATIONSHIPS—studies that provide an understanding of the counseling process in a multicultural society. | an orientation to wellness and prevention as desired counseling goals; | MHS 6400 and 6404 Counseling Theories: Subject Area Knowledge Quizzes and Final Exam - Rubric: Candidates Demonstrate knowledge of theories and processes of effective counseling and wellness prevention programs for individual and groups of clients/students by achieving a composite grade of A on tests and quizzes. |
| Core Standards: 5. HELPING RELATIONSHIPS—studies that provide an understanding of the counseling process in a multicultural society. | d. counseling theories that provide the student with models to conceptualize client presentation and that help the student select appropriate counseling interventions. Students will be exposed to models of counseling that are consistent with current professional standards. | MHS 6400 and 6404 Counseling Theories: Subject Area Knowledge Quizzes and Final Exam - Rubric: Candidates Demonstrate knowledge of theories and processes of effective counseling and wellness prevention programs for individual and groups of clients/students by achieving a composite grade of A on tests and quizzes. |
| 5. HELPING RELATIONSHIPS—studies that provide an understanding of the counseling process in a multicultural society. | e. a systems perspective that provides an understanding of family and other systems theories and major models of family and related interventions; | MHS 6400 and 6404 Counseling Theories: Subject Area Knowledge Quizzes and Final Exam - Rubric: Candidates Demonstrate knowledge of theories and processes of effective counseling and wellness prevention programs for individual and groups of clients/students by achieving a composite grade of A on tests and quizzes. |
| Specialty Standard: Mental Health Counseling: A. Foundations Knowledge | 5. Understands a variety of models and theories related to clinical mental health counseling, including the methods, models, and principles of clinical supervision. | MHS 6400 and 6404 Counseling Theories: Subject Area Knowledge Quizzes and Final Exam - Rubric: Candidates Demonstrate knowledge of theories and processes of effective counseling and wellness prevention programs for individual and groups of clients/students by achieving a composite grade of A on tests and quizzes. |
| Specialty Standard: Mental Health Counseling: E. Foundations Knowledge | 1. Understands current literature that outlines theories, approaches, strategies, and techniques shown to be effective when working with specific populations of clients with mental and emotional disorders | MHS 6400 and 6404 Counseling Theories: Subject Area Knowledge Quizzes and Final Exam - Rubric: Candidates Demonstrate knowledge of theories and processes of effective counseling and wellness prevention programs for individual and groups of clients/students by achieving a composite grade of A on tests and quizzes. |

**Date of Master Syllabus Review 5 14 2013 Isaacs**

**Form Date 2 18 2013**