Florida State University

Office of the Registrar 282 Champions Way PO Box 3062480 Tallahassee, Florida 32306-2480

PERMANENT ACADEMIC RECORD

Student is in good standing and is eligible to return unless otherwise stated.

PAGE: 02

STUDENT NAME: WRIGHT LAURA K

SOCIAL SECURITY:

GENDER: F

DATE OF BIRTH:

MAT DATE: FALL 1994

RESIDENCY: F

BASIS OF ADMIT: G

COLLEGE: ED

DATE PRINTED: 01/21/2010 TYPE CREDIT: Semester

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FLORIDA STATE UNIVERSITY

DISSERTATION

Kimberly A. Barber, University Registrar

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Florida State University

Office of the Registrar 282 Champions Way PO Box 3062480 Tallahassee, Florida 32306-2480

PERMANENT ACADEMIC RECORD

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PAGE: 01

STUDENT NAME: WRIGHT LAURA K

SOCIAL SECURITY: GENDER: F DATE OF BIRTH:

MAT DATE: FALL 1994 RESIDENCY: F BASIS OF ADMIT: G

COLLEGE: ED

DATE PRINTED: 01/21/2010

TYPE CREDIT: Continuing Education Units

THIS IS A TRANSCRIPT OF CEU PROGRAMS OFFERED THROUGH THE CENTER FOR PROFESSIONAL DEVELOPMENT AND PUBLIC SERVICE *

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* END OF CEU TRANSCRIPT *

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PAGE: 01

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BASIS OF ADMIT: G

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DATE PRINTED: 01/21/2010 TYPE CREDIT: Semester

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SOCIAL SECURITY

STUDENT NAME: WRIGHT LAURA K

Florida State University

Office of the Registrar 282 Champions Way PO Box 3062480 Tallahassee, Florida 32306-2480

PERMANENT ACADEMIC RECORD

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**** OFFICIAL TRANSCRIPT **

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APRIL 27,1996

PGM : COUNSELING & HUMAN SYSTEMS

MAJOR: COUNSELING & HUMAN SYSTEMS

RECEIVED THE DEGREE

SPECIALIST IN EDUCATION

APRIL 27,1996

: COUNSELING & HUMAN SYSTEMS

MAJOR: COUNSELING & HUMAN SYSTEMS

READMITTED TO BEGIN

DOCTORAL DEGREE FALL 1996

FLORIDA STATE UNIVERSITY

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*** SPRING TERM 1997 CLS 5 DIV ED MAJOR 220505 INST 001489

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Vita Laura K. Wright

November 2009

Personal

Home Address:

2903 Bonita Street Fort Myers, FL 33901 Phone: (239) 332-0895 Email: lwright@fgcu.edu

Education

Florida Licensed Psychologist #PY6656

Fall, 2003

Doctor of Philosophy in Counseling and School Psychology

APA Approved Program

Florida State University, Tallahassee August, 1996-August, 2000
Emphasis in Counseling Psychology and specializations in Career and Eating Disorders
Dissertation Topic: Self-efficacy, interests, dysfunctional thoughts, career decidedness
and satisfaction with occupational choice

Master of Science in Counseling and Human Systems Specialist in Education

Florida State University, Tallahassee Specialization: Mental Health Counseling April, 1996

Bachelor of Science in Psychology

University of Florida, Gainesville Minor: Women's Studies April, 1994

Clinical Experience

OPS Staff Psychologist and Training Coordinator

Florida Gulf Coast University

November, 2005- Present

Counseling and Psychological Services

Provide counseling, consultation, and outreach to the university community. Coordinate the Master's level training program and eating disorder services.

Director of Student Counseling Center

Jacksonville University Student Counseling Center

July, 2003-June, 2005

Managed, supervised, and directed all daily activities of the Counseling Center including counseling, consultation, and outreach. Responsible for supervising all post-doctoral fellows and Master's level interns. Acted as consultant to the Vice President of Student Life and Dean of Students regarding student psychological issues. Continued to carry client load and coordinate clinical training.

Assistant Director and Coordinator of Clinical Training

Jacksonville University Student Counseling Center

August 2001-July, 2003

Provided therapeutic services to individual students, consultation to staff and faculty, and psychological outreach to the campus community. Responsible for creating, implementing, and coordinating student intern program, arranging training for staff, and devising intern handbook. Member of Counseling Center management team, and Student Life Case Management Team. Liaison between Counseling Center and various faculty, staff, and departments. Represented Counseling Center for Orientation, Parent Panels, and Graduation Activities. Member of outreach programming board for campus.

Post-Doctoral Fellowship

University of California, Davis

October, 2000-June, 2001

Supervisors: Emil Rodolfa, Ph.D.,

Frank Greer, Ph.D., Shelley Chavoor, Ph.D.

Provided counseling services to the university community. Specialized in eating disorders, behavioral medicine, and career. Member of intern selection committee and campus eating disorder prevention and awareness groups. Collaborated with student health center to provide wellness services to campus. Provided walk-in and crisis management services.

Pre-Doctoral Internship

APA Approved Internship

University of California, Davis

September, 1999- August 2000

Training Director: Emil Rodolfa, Ph.D.

Engaged in all facets of a university counseling center including providing individual, group, and couples counseling, outreach to the university community, weekly supervision and consultation with counseling center staff, and psychological and career assessment. Specialized in eating disorders and behavioral medicine which involved consulting with

multidisciplinary teams of physicians, dieticians, and psychologists as well as running groups.

Psychological Practicum-Mental Health

Florida State University Human Services Center

August, 1997-April, 1998

Supervisor: Robert C. Reardon, Ph.D.

Provided therapy services to university student clients concerning issues such as anxiety, depression, and problems with significant relationships. Participated in case presentations and in both individual and group supervision activities. Gave and received feedback using video-taping and two-way mirror system. Utilized techniques from various theories and treatment plans to facilitate client growth.

Psychological Practicum- Career

Florida State University Career Center

August, 1997 - April, 1998

Supervisors: Janet Lenz, Ph.D. and Robert Reardon, Ph.D.

Provided a blend of mental health and career counseling services to university and community clients within a doctoral practicum. Utilized assessment inventories such as the MMPI-2, the Career Thoughts Inventory, card sorts, and the Self- Directed Search in facilitating exploration of career and life role choices. Participated in group and individual supervision activities.

Counseling Internship

Florida State University Career Center

August, 1995-April, 1996

University Supervisor: Stephen Rollin, Ph.D.

Agency Supervisor: Janet Lenz, Ph.D.

Assisted student and community member clients in choosing majors and careers through self and world of work exploration, evaluation of past decision making and metacognitive processes. Used computer-assisted guidance systems such as Discover, SIGI Plus, Choices, Eureka Microskills, and the Self-Directed Search as well as My Vocational Situation and the Career Thoughts Inventory assessment instruments with walk-in and individual appointment clients. Presented workshops on choosing a major to campus organizations.

Psychological Practicum

Florida State University Human Services Center

January, 1995-April, 1995

Supervisor: Deborah Ebener, Ph.D.

Counseled adults, children, and families on an individual basis. Further enhanced skills in listening and empathy, writing treatment plans, giving and receiving feedback, and putting theory into practice.

Psychological Practicum

Florida State University Human Services Center

September, 1994-April, 1995

Project Independence Program

Supervisor: Deborah Ebener, Ph.D.

Individually counseled men and women within the state of Florida welfare system concerning education, career, family, relationship, and self-esteem issues.

Professional Experience

Psychologist Ocean Psychology

July, 2002-May, 2004

Therapist in private psychological practice specializing in eating disorders.

Therapist <u>Health Management Institute</u>

August, 1996-August 1999

Agency Supervisor: Lynda Brogdon, Ph.D.

Perform counseling duties for clients with various issues. Use cognitive-behavioral and experiential therapies for people with eating disorders individually, in groups, and within a day treatment setting. Developed and implemented program for eating disorders day treatment and for weight management sessions. Participate in weekly staff meetings and supervision.

Career Advisor- Graduate Assistantship

Florida State University Career Center

April, 1995-Fall, 1996

Facilitated student problem solving and decision making surrounding career and life role choices in a walk-in setting. Assessed client problem severity and referred to individual counseling as necessary. Provided outreach and liaison activities to various campus organizations. Participated in individual and group supervision.

Consultant for Attorney

Summer, 1997

Acted as research consultant and educator for law firm engaged in legal settlement for a client diagnosed with panic disorder.

Teaching and Supervision Experience

Supervisor Jacksonville University

August 2001-June, 2005

Coordinate clinical training program for Master's level interns and Post-Doctoral Residents. Responsible for selection, training, supervision, and evaluation of interns and residents.

Supervisor <u>University of California, Davis</u>

September 1999-June, 2001

Acted as clinical supervisor for both master's level clinical and career practicum students.

Discussion Leader *University of California, Davis*

January, 2000-March, 2000

Led small group discussions and exercises for diversity course within the Multicultural Immersion Program. Responsible for grading weekly reaction papers and incorporating in-class theory into discussion.

Lead Instructor *Florida State University*Lead instructor for Introduction to Career Development, a course designed to assist undergraduate students in exploring and choosing majors and careers. Responsible for planning and executing syllabus, supervising small group leaders, preparing and giving lectures, and interacting with students in large and small groups.

Supervisor *Florida State University* January, 1997- August, 1998 Supervised a total of 5 Master's students in the Mental Health Counseling Program. Applied theories of supervision to students as appropriate. Received direct weekly supervision for this experience during the spring of 1997.

Teaching Assistant *Florida State University* May, 1996-August, 1996 Facilitated Master's students in their small group counseling experience for Group Counseling class. Acted as group leader while also receiving supervision for this experience.

Co-Instructor *Florida State University* August, 1995-December, 1996 Team-taught Introduction to Career Development. Experience included preparing and giving lectures, grading written assignments, conducting small group exercises, and motivating students to learn.

Publications and Research

Wright, L.K. (2002). A message forgotten (Review of the book <u>Letters to a Young Feminist</u>). <u>Women & Therapy</u>, 25, 113-115.

Ramos-Sanchez, L., Esnil, E., Goodwin, A., Riggs, S., Touster, L. & Wright, L. (2002). Negative Supervisory Events: Effects on Supervision Satisfaction and Supervisory Alliance. Professional Psychology: Research and Practice, 33, 197-202.

Wright, L.K., Reardon, R.C., Peterson, G.W., & Osborn, D.S. (2000). The relationships among constructs in the Career Thoughts Inventory and the Self-Directed Search. <u>Journal of Career Assessment</u>, 8,105-117.

Reardon, R., & Wright, L.K. (1999). The case of Mandy: Applying Holland's theory and Cognitive Information Processing theory. <u>The Career Development Quarterly</u>, 47, 195-203.

Lenz, J., & Wright, L.K. (1996). <u>Student-athlete career decision making: A collaboration between the Florida State Athletic Department and Career Center.</u> Unpublished manuscript, Florida State University.

Dissertation Topic: Self-efficacy, interests, dysfunctional thoughts, career decidedness

and satisfaction with occupational choice

Dissertation supervisor: Robert Reardon, Ph.D.

University of Florida Teaching Hospital March, 1993-April, 1994 Responsible for evaluating, scoring, and scheduling subjects for memory and attention span testing as part of a drug study on patients with pediatric migraine or seizure disorder at Shands Hospital. Utilized assessments such as the WISC-R, the VMI, and the Child Behavior Checklist.

Workshops & Continuing Education

Association of University College Counseling Center Directors Conference, New Orleans, 2004

American College Counseling Association Conference, St. Simon, Georgia, 2001 Continuing Education in multicultural supervision (2000), working with borderline clients (2000), and ethics (1999)

2000 Northern California Training Directors Conference

1998 International Association of Eating Disordered Professionals Orlando, Florida-Conference exhibitor and attendee

1995 Florida Counseling Association 46th Annual Conference Orlando, Florida

Membership in Professional Organizations & Honors

American Psychological Association
Division 17 - Counseling Psychology
Florida Psychological Association

Peterson Fellow Florida State University Fall, 1997