

CURRICULUM VITAE

Kelly Kate Russo, Ph.D.

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Fort Myers, FL 33912

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EDUCATION

Ph.D. Psychology, Awarded in 2010
Clinical Psychology Emphasis
Fielding Graduate University (APA Accredited)
Santa Barbara, California
G.P.A. 4.0

M.A. Psychology, Awarded in 2006
Clinical Psychology Emphasis
Fielding Graduate University (FGU)
Santa Barbara, California
G.P.A. 4.0

M.S. Psychology, Awarded in 2003
Applied Psychology Emphasis
Montana State University (MSU)
Bozeman, Montana
G.P.A. 3.97

B.A. Psychology, Awarded in 1997
University of South Florida (USF)
Tampa, Florida
G.P.A. 3.60

CLINICAL EXPERIENCE

Licensed Psychologist

Counseling and Psychological Services
Florida Gulf Coast Counseling Center
10501 FGCU Blvd, South
Howard Hall #239
Ft. Myers, FL 33965-6565

February 2011 - Present
40 Hours/Week

(239) 590-7950

<http://studentservices.fgcu.edu/Counseling/>

Primary Supervisors: Jon Brunner, Ph.D., Judi Gibbons, Ph.D.

- Provide individual, couples, group, and career counseling to university student population. Issues addressed include: depression, anxiety, self-esteem concerns, family of origin and abuse issues, grief and loss, Axis II difficulties, eating disorders, and substance-related issues.
- Conduct comprehensive psychological assessments (including Learning Disorder and AD/HD assessments, as well as comprehensive differential diagnoses for complex clients).

Licensed Psychologist

Northwest Human Service Center
Department of Human Services
316 2nd Avenue West
Williston, ND 58801

August 2009 – February 2011
40 Hours/Week
(701) 774-4600

<http://www.nd.gov/dhs/locations/regionalhsc/northwest/index.html>

Primary Supervisor: Marilyn Rudolph, Regional Director, Patrick Mills, Ed.D., Lori Shaleen, Ph.D.

- Provide individual, couples, family, and group counseling. Issues addressed include: depression, anxiety, trauma recovery, family of origin and abuse issues, grief and loss, Axis II difficulties, eating disorders, anger management, and substance-related issues.
- Conduct comprehensive psychological assessments (including differential diagnosis and parental capacity evaluations).
- Serve as consultant to Williston State College and facilitated various outreach programs (e.g., *Sip 'n Share*, *Suicide Prevention* and *Postponing Procrastination*).

Pre-doctoral Intern

University of Maine Counseling Center
(APA Accredited Internship Program)
5721 Cutler Health Center
Orono, ME 04469-5721

August 2008 – August 2009
40 Hours/Week

(207) 581-1392

<http://www.umaine.edu/counseling/>

Primary Supervisors: Doug Johnson, Ph.D., Marc Mytar, Ph.D., & April Boulter, Ed.D.

- Provided individual, couples, group, and career counseling to a university student population. Issues addressed include: depression, anxiety, self-esteem concerns, family of origin and abuse issues, grief and loss, Axis II difficulties, eating disorders, and substance-related issues.
- Co-facilitated interpersonal process group and substance abuse discussion group.
- Served as consultant to Multicultural Center, Wilde-Stein LGBT Club, and Student Women's Association and facilitated various outreach programs (e.g., *Lunch 'n Learn series at Multicultural Center*, *Mirrors of Privilege: Making Whiteness Visible*, *Mindful Eating*, and *Effective Listening*).

Therapist

Springbrook Hospital
7007 Grove Road
Brooksville, FL 34609

December 2007 – July 2008
Hours Varied, 8-40 Hours/Week
(352) 596-4306

www.springbrookhospital.com

Primary Supervisors: V.J. Siddalingappa, M.A., Valerie Weaver, LCSW

- Provided individual, group, and family counseling to inpatient population of individuals in crisis care, geriatric units, and 28 day dual diagnosis program, as well as provided group counseling to participants in intensive outpatient program. Issues addressed included: substance abuse and dependence, suicidality, psychosis, trauma, severe depression and anxiety, family of origin issues, Axis II difficulties, complicated grief, dementia, and eating disorders.
- Facilitated general process and psychoeducational groups and conducted psychosocial intake interviews.

Practicum Counselor/Therapy & Assessment

Appalachian State University
Counseling and Psychological Services
ASU Box 32044
Boone, NC 28608-2044

August 2006 – May 2007
32 Hours/Week

(828) 262-3180

www.counseling.appstate.edu

Primary Supervisors: Sheri L. Clark, Ph.D., Denise Lovin, Psy.D.

- Provided individual, group, and career counseling to a university student population. Issues addressed included: depression, anxiety, self-esteem concerns, family of origin and abuse issues, grief and loss, Axis II difficulties, eating disorders, and substance-related issues
- Co-facilitated a process group, a mindfulness-based cognitive therapy group, and a dialectical behavior therapy (DBT) group, as well as process observed an interpersonal process group.
- Served as co-consultant to ASU's Women's Center and co-facilitated various outreach programs (e.g., *Depression & Suicide*, *Mindfulness-Based Eating, Alcohol, Sex, & Media Images*, and *Why Can't I Just Be Me?*).
- Conducted integrated full battery psychological assessments with university population clients.

Practicum Counselor/Therapy & Assessment

Directions for Mental Health
1437 South Belcher
Clearwater, FL 33764

August 2005 – July 2006
32 Hours/Week
(727) 524-4464

www.directionsmh.org

Primary Supervisors: Marsha Rockey, Psy.D., Joan Dyer, L.C.S.W.

- Provided individual and group counseling to severe and persistent mentally ill clients in intensive day treatment. Issues addressed included: family of origin and abuse issues, grief and loss, depression, anxiety, Axis II difficulties, self-injurious behaviors, eating disorders, drug and alcohol concerns (co-occurring disorders), symptom management, and self-esteem concerns.
- Co-facilitated a DBT group, a process group, a dual diagnosis group, and an anxiety and depression group.
- Conducted integrated full battery psychological assessments with clients in intensive day treatment and with parents involved in child protective services.

CLINICAL TRAINING

- Trauma-Focused Cognitive Behavior Therapy, Treatment Collaborative for Traumatized Youth, February, 2010
- Making the Invisible Visible, Stephen Jones, White Privilege Conference, April, 2009
- Systems-Oriented Therapy, Doug Johnson, University of Maine, Fall, 2008
- Client-Directed Outcome-Informed Treatment, Barry Duncan, Fall, 2008
- Learning from our Mistakes in Therapy, Tampa Bay Psychoanalytic Society,
 - September 2007 – May 2008
- Eros, Sexuality, and Intersubjectivity, Tampa Bay Psychoanalytic Society,
 - September 2007 – May 2008
- Foundations of Disaster Mental Health, American Red Cross, October, 2007
- Psychological First Aid, American Red Cross, October, 2007
- Working with Transgendered Clients, Appalachian State University, March, 2007
- Sex Therapy, Appalachian State University, January, 2007
- Couples Therapy, Appalachian State University, October, 2006
- Trauma-Focused CBT, Directions for Mental Health, September, 2005
- PTSD in Veterans, Directions for Mental Health, October, 2006

PRESENTATION & PUBLICATION

Russo, K. L. (2010, April). *Awareness of cultural privilege in the therapeutic alliance: An assessment of multicultural competence in European American therapists*. Paper presented at the 11th Annual White Privilege Conference, La Crosse, WI.

Russo, K. L. (2009, October). *Multicultural competence in European American Therapists: Role of cultural privilege in the therapeutic alliance*. Paper presented at the 9th Annual Diversity Challenge meeting of the Institute for the Study and Promotion of Race and Culture, Boston, MA.

Field, T., Nadel, J., Diego, M., Hernandez-Reif, M., Russo, K., Vchulek, D. Lendi, K., Siddalingappa, V. (2008). Children with autism are more imitative with an imitative adult than with their parents. *Early Child Development and Care*, 178(5), 461-465.

GRANTS & AWARDS

2008 University of Maine Diversity Initiative Grant
Coordinator, Lunch 'n Learn series in collaboration with
Office of Multicultural Programs

2006 Clinical Services Award (shared with a staff psychologist for most individual
therapy client hours logged in fall semester)
Counseling and Psychological Services, Appalachian State University

2006 Fielding Graduate Scholarship Award
Fielding Graduate University

1999 Student Award for Research, Psychology Department
Montana State University – Bozeman

1999 Graduate Teaching Assistant of the Year, Psychology
Montana State University - Bozeman

1997 College of Arts & Sciences Award for Excellence
University of South Florida

TEACHING EXPERIENCE

Teaching Assistant, Social Psychology	Supervisor: Richard Martell, Ph.D.
Montana State University, School of Psychology	January 1999- May 1999
In addition to teaching assistant responsibilities of evaluating student papers and tutoring students, served as substitute adjunct for two months for faculty member on extended leave, requiring lecture planning and presentations.	

Teaching Assistant, Statistics & Research Methods	Supervisor: Lee Stadtlander, Ph.D.
Montana State University, School of Psychology	September 1998 - May 1999
Tutored students in statistical methods and graded student work.	

LEADERSHIP EXPERIENCE

Sexual Assault Response Team (SART) Member

Williston Community

October 2010 – February 2011

SART is a collaborative victim-centered team response to sexual assault. The mission of SART is to provide services that help facilitate a transition from victim to survivor for those whose lives are impacted by sexual violence. As a SART member, I provide survivors with supportive counseling and general information regarding sexual assault and resources (including medical attention, judicial services, advocacy, and law enforcement).

Gay, Lesbian, Bisexual, Transgender, and Allies Council

University of Maine

September 2008 – August 2009

Promote education and awareness activities for the campus community, advocate for the inclusion of relevant material and approaches in the academic curriculum, and provide a forum for discussing the needs of the GLBT community.

Decolonizing & Reconstructing Epistemologies Task Force Leadership Team

Fielding Graduate University

April 2007 – April 2008

Engaged in collaborative communication and participatory action toward helping the Fielding community expand research and practice paradigms, by promoting systematic teaching and development of Non-Western epistemology (e.g., indigenous knowledge, post-colonial theory, Afrocentric thought, decolonizing methodologies, and feminist scholarship).
Psychology Faculty Leadership Team Member: Nancy Baker, Ph.D.

Transactional Analysis – Re-decision Therapy Students Organizer/Facilitator

Fielding Graduate University

July 2007 – June 2008

Facilitated discussions for students interested in a better theoretical understanding and clinical application of Transactional Analysis.

Multicultural Student Association Coordinator

January 2006 – July 2007

Fielding Graduate University, School of Psychology

Facilitated student group which supports diverse students toward successful matriculation, educates school members on issues related to multicultural psychology, and serves as an advocate for diverse student populations.

Faculty Representative: Anthony Greene, Ph.D.

Shared Interests, Identifications, and Networking Coordinator

Fielding Graduate University, School of Psychology

September 2005 – July 2007

Promoted and maintained resource list of students, alumni, faculty, and staff to facilitate networking among Fielding community members regarding shared scholarly interests and personal identifications.

Faculty Representative: Anthony Greene, Ph.D.

PROFESSIONAL AFFILIATIONS

American Psychological Association (APA)

APA Division 17 – Society of Counseling Psychology

APA Division 45 – Society for the Psychological Study of Ethnic Minority Issues

APA Division 47 – Exercise and Sport Psychology

Florida Psychological Association

APAGS Campus Representative

June 2007 – June 2008

Advocacy Coordinating Team (ACT)

Organize APAGS membership drives and promote student involvement in APA. Inform students about issues relevant to the field of psychology and graduate students in particular. Ensure reciprocal communication between graduate students and APAGS/APA. Serve as a resource for information about legislative issues affecting the field of psychology and the clients that we serve.

RESEARCH EXPERIENCE

Fielding Graduate University

Dissertation Chair: Anthony Greene, Ph.D.

Dissertation

March 2008 - January 2010

Awareness of Cultural Privilege and the Therapeutic Alliance: An Assessment of Multicultural Competence in European American Therapists

Touch Research Institute, Miami, FL

Supervisor: Tiffany Field, Ph.D.

Research Assistant

January – June 2006

Assisted in research studying effects of imitation on autistic children. Conducted time-interval coding of videotaped sessions.

Touch Research Institute, Miami, FL

Supervisor: Tiffany Field, Ph.D.

Research Assistant

July – August 2005

Assisted in NIH funded research studying effects of massage on depressed, pregnant women. Participated in participant recruiting, intake, and session procedures, as well as data management.

Montana State University

Thesis Chair: Michael Babcock, Ph.D.

Master's Thesis

September 2002 – March 2003

An Organizational Behavior Approach to Early Intervention of At-Risk Youth

Montana State University

Supervisor: Richard Martell, Ph.D.

Psychology Department

September 1997 – September 1999

Meta-analysis of studies examining gender discrimination in performance evaluation (review, retrieval, and coding of extent work)

University of South Florida

Supervisor: James Epps, Ph.D.

Research Assistant

September 1996 – June 1997

Assisted in study of effects of alcohol on aggression in males against females. Involving protocol development and data management.

HONOR SOCIETIES

Psi Chi and Pi Gamma Mu

NON-CLINICAL EMPLOYMENT

Lone Mountain Ranch
P.O. Box 160069
Big Sky, MT. 59716
Supervisor: Brian Wadsworth, General Manager
Position: Controller/Corporate Accounting Manager
December 1999 – May 2003
Phone: (406) 995-4644
www.lonemountainranch.com
Supervised staff accountant with accounts payable and human resources responsibilities.
Managed general ledger, payroll, budgeting, state and federal tax reporting, and cash management

Family & Graduate Housing, MSU
1502 W Garfield
Bozeman, MT 59715
Supervisor: Carina Niedermier, M.A., Director
Position: Community Assistant
September 1998 – August 1999
Phone: (406) 994-3730
www.montana.edu/wwwocl/F&G_Housing
Organized, promoted, and facilitated community events, groups, and projects. Served as mediator in neighbor conflicts. Served as point person for community resources

Foreline Security Corporation
8419 Sunstate Street
Tampa, FL 33634
Supervisor: Madge Hughes, President
Position: Controller/Corporate Accounting Manager
July 1990 – May 1995
Phone: (813) 885-6615
www.foreline.com
Supervised clerks with accounts payable, payroll, accounts receivable. Managed general ledger, asset depreciation, budgeting, state and federal tax reporting, and cash management.

COMMUNITY INVOLVEMENT

Toastmasters International, Shining Star Club #3846
Williston, ND (2009 – Present)

American Red Cross Disaster Mental Health Volunteer
Tampa Bay Chapter, FL (2005 – 2008)

Active Volunteer & Operations Board Member
Blue Iguana Teen Community Center, Bozeman, MT (2000 – 2003)

Organizer and Adult Sponsor
Gay-Straight Alliance, Bozeman High School (2002 – 2003)

Organizer/Facilitator
International Spouses Support Group, Montana State University (1998 – 1999)

Organizer/Facilitator

Women's Support Groups with various foci (e.g., empowerment & creativity)
(1994, 1996, 1998, 2001, & 2003)

Organizer/Co-facilitator

MSU Campus Chapter of Montana Human Rights Network (1998 – 1999)

Community Theater Member - Actor, Board Member

Masque Theatre, The Loft Theatre, Equinox Theatre, Firehouse 5, Walbeck's Troupe
(1993-1996, 2000 – 2003)