Office of the University Registrar Gainesville, FL 32611-4000

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222 Criser Hall, Box 114000 352-392-1374

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339656565SF0A

STUDENT NAME: RUSSELL A SABELLA SOCIAL SECURITY NUMBER:

DATE OF BIRTH: NOVEMBER 11, 1965

GENDER: MALE

BASIS OF ADMISSION: HIGH SCHOOL

COLLEGE: EDUCATION

MAJOR: SCHOOL COUNSELING & GUIDANCE RESIDENCY STATUS: FLORIDA RESIDENT DATE PRINTED: JANUARY 29, 1999

TYPE OF CREDIT: SENESTER HOURS

COPIES REQUESTED: 01 COPY NUMBER: 01 PAGE NO.: 01

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STUDENT NAME: RUSSELL A SABELLA

SOCIAL SECURITY NUMBER:

DATE OF BIRTH: NOVEMBER 11, 1965 GENDER: MALE

BASIS OF ADMISSION: HIGH SCHOOL COLLEGE: EDUCATION MAJOR: SCHOOL COUNSELING & GUIDANCE

RESIDENCY STATUS: FLORIDA RESIDENT DATE PRINTED: JANUARY 29, 1999

TYPE OF CREDIT: SEMESTER HOURS

COPIES REQUESTED: 01 COPY NUMBER: 01 PAGE NO.: 02

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Burbara Telmadge
University Registrar

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Prefix & Course Number

Course Title

Credit Earned for GPA

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UNIVERSITY OF FLORIDA

9ED

1993 SPRING

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UNIVERSITY OF FLORIDA 8ED 1993 SPRING

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AWARDED DOCTOR OF PHILOSOPHY GRADUATED AUG 12 1995

MAJOR SCHOOL COUNSELING & GUIDANCE

EARNED HRS 2.00 GRADE PTS . 0 HRS CARRIED .00

SUN TOTAL 155.00 UF CUN GP 365.00 UF CUN HC 93.00

END OF TRANSCRIPT.

# Russell A. Sabella, PhD, NCC

Florida Gulf Coast University ◆ Department of Counselor Education 10501 FGCU Boulevard South ◆ Fort Myers, FL 33965-6565 Phone: 941-590-7782 ◆ Fax: 941-590-7770 ◆ rsabella@fgcu.edu

4114 SE 3<sup>rd</sup> AVE ◆ Cape Coral, FL 33904 ◆ 941-542-4712 ◆ Sabella@SchoolCounselor.com

## Education

Doctorate of Philosophy, Counselor Education, University of Florida, July, 1995 Specialist in Education, School Counseling, University of Florida, May 1990 Master of Education, School Counseling, University of Florida, May 1990 Bachelor of Science, Psychology, University of Florida, May 1987

# **Employment**

ASSOCIATE PROFESSOR, Department of Counselor Education, Florida Gulf Coast University, Fort Myers, FL. (August, 1999 - present). The full range of professorial duties including graduate level teaching/advising with a focus on both school and mental health counseling; research and other scholarly activity; and service to the University and surrounding communities.

Assistant Professor, Educational & Counseling Psychology, School of Education, University of Louisville, Louisville, KY (July, 1995-1999). The full range of professorial duties including graduate level teaching/advising with a focus on elementary school guidance and counseling; research and other scholarly activity; and service to the University and Louisville communities.

**SPECIAL MEMBER.** Radford University, Radford, VA (June, 1998 - present) Graduate Affairs Council and Graduate Faculty.

SCHOOL COUNSELOR. Lincoln Middle School, Gainesville, FI (August, 1993 - June, 1995). Specialized in drop-out prevention; collect, analyze, and interpret accountability and effectiveness data; coordinate community and school service projects; develop and implement classroom curriculum for school success skills; drop-out prevention program administration and coordination; consult with parents; Parent Teacher Association, Dean's office, school clinic, local police departments, and other community organizations; individual, small group, and large group guidance and counseling; assist in the psychological evaluation of students for exceptional student education (ESE) and alternative educational programs; operate the Dynex computer system for accessing student records; electronic mail, and information retrieval.

**PEER COUNSELORS GRADUATE ASSISTANT.** University of Florida Counseling Center, Gainesville, FI (August 1992 - August 1993): Developed and implemented university peer counselor training; led a test anxiety group for university students; obtained and analyzed accountability data; designed a performance appraisal for the graduate assistant position; consulted with organizational leaders; interpreted career development instruments (e.g., Myers-Briggs Type Indicator, Strong Interest Inventory, Holland's Self-Directed Search, and DISCOVER).

**RESIDENCE DIRECTOR.** University of Florida Division of Housing, Gainesville, FI -(January 1992 - July 1992): Initiated, implemented, and coordinated staff development training; identified and communicated student and staff needs; performed administrative duties including disciplinary procedures, room assignments, damage control systems, and supervision of sixteen Resident Assistants and 2 Clerks; promoted community and team building; responsible for advising residence hall student government; attended and served on university committees; instructed class for Resident Assistants (EGC 3053); operated the AS/400 computer system.

**PEER COUNSELING I & II TEACHER.** Buchholz High School, Gainesville, FI - (August 1990 - January 1992): Instructed Peer Counseling I and II course; developed and implemented a peer helper project involving small group facilitation with beginning high school students; provided individual guidance and counseling; researched

program effectiveness; consulted with the Teacher-As-Advisor program coordinators and other colleagues; served as faculty sponsor for the school Pep Club.

**STAFF RESOURCE ASSISTANT.** University of Florida Division of Housing Office for Staff and Student Development - Gainesville, FI - (June 1989 - May 1990): Oversaw the maintenance and operation of the Staff Resource Center; conducted workshops and training for staff and students; assisted in publications; consulted with Division of Housing staff.

**GRADUATE CONSULTANT.** COAR (Campus Organized Against Rape) - (May 1988 - January 1990): Conducted presentations to advance awareness, knowledge, and skills related to sexual assault risk reduction. Presentation settings included residence halls, fraternity and sorority houses, classrooms, and the local community college. Presentation attendance ranged from 10 to 600 people varying in age, gender, and background. Consulted with high school students about creating a prevention program in their respective schools.

**COUNSELING TEAM SUPERVISOR.** C.R.E.S.T., Inc. (Counseling, Research, and Education Specialist Teams) - Gainesville, FI - (May 1988 - October 1988; August 1989 - December 1989): Provided group supervision for eight counselors; counseled court adjudicated children in individual and small group groups; provided outreach and group counseling at four high schools in two counties; led the Special Intensive Group (SIG) for repeat offenders.

**RESIDENCE HALL DIRECTOR.** University of Florida Division of Housing - Gainesville, FI - (January 1987 to May 1989): Supervised a staff of four to seven Resident Assistants; conducted administrative duties, interpreted and implemented Housing policies, and coordinated hall and area activities.

**RESIDENT ASSISTANT.** University of Florida Division of Housing - Gainesville, Fl - (January 1984 - January 1987): Facilitated a community environment conducive to the personal growth and development of individuals living in the residence halls.

**COUNSELOR I.** Interface Youth Program - Gainesville, FI - (August 1985 - September 1985): Provided intake services for runaway children; responsible for facility and resident management.

# **Supervised Experiences**

**SUPERVISED SOLUTION-FOCUSED BRIEF COUNSELING.** Six hundred (600) hours of supervised clinical experience conducting solution-focused brief counseling with children. Supervised by Dr. Gerald B. Sklare, University of Louisville.

**SUPERVISED TEACHING.** University of Florida Course, Gainesville, FI - (Fall 1992 - Present): Instructed graduate level courses (EGC: 6317: Vocational Development and Counseling; EGC 6047: Counseling Adolescents) with Dr. Robert Myrick; assisted in the development of course curriculum, materials, activities, and examinations; demonstrated lecture abilities; coordinated field experiences; calculated grades; maintained course attendance.

**SUPERVISION.** University of Florida, Gainesville, FI - (Fall 1992 - Present): Supervised Counselor Education practicum and intern students in an individual and group format (K-12); led discussions about theory, case management, counseling strategies, ethical issues, guidance procedures, and administrative responsibilities; provided individual and group feedback; assessed student counseling performance; taught evaluation procedures; completed formal evaluations; consulted with students about computers and technology in counseling (e.g., e-mail, data management, information retrieval and access, group conferencing).

SCHOOL COUNSELOR. Gainesville High School, Gainesville, FI (January 1990 - May 1990): Co-directed the Peer Counseling program; provided individual and group counseling; created and conducted group guidance units;

developed and administered examinations; coordinated peer helper and helpee contacts; maintained grades and attendance records.

**SCHOOL COUNSELOR.** Buchholz High School, Gainesville, FI (August 1989 - December 1989): Assisted with the peer facilitator program; practiced individual and group counseling; conducted group guidance units.

**COUNSELOR.** C.R.E.S.T. Inc. - Gainesville, FI - (January 1988 - April 1988): Counseled court adjudicated children in an individual and group setting.

**CRISIS HOTLINE COUNSELOR.** Corner Drug Store, Inc. (August, 1983 - January, 1986). Provided telephone crisis counseling and referral; assisted in crisis counselor training; helped to design a Youth Crisis Hotline; volunteered at a runaway shelter.

## **Courses Taught**

Course Title	Institution
Advanced Elementary School Practicum	University of Louisville
Career Development	Florida Gulf Coast University
Comprehensive Developmental Guidance Evaluation	University of Louisville
Confronting Sexual Harassment	Radford University, VA
Consulting with Parents & Teachers	University of Louisville
Counseling Adolescents	University of Florida
Counseling Theories and Techniques/Children	University of Louisville
Counseling Theories and Techniques	Florida Gulf Coast University
Elementary School Counseling Practicum	University of Louisville
Elementary School Counseling PRE-Practicum	University of Louisville
Foundations of Elementary School Counseling	University of Louisville
Group Procedures with Children	University of Louisville
Group Process and Procedures	University of Louisville
Introduction to Mental Health Counseling	Florida Gulf Coast University
Introduction to Counseling	Florida Gulf Coast University
Introduction to School Counseling	Florida Gulf Coast University
Learning and Developing Child	Florida Gulf Coast University
Internship in Mental Health and School Couns.	Florida Gulf Coast University
School Counseling Practicum	Florida Gulf Coast University
Technology Literacy for Counselors	University of Louisville
The Effects of the Opportunity Room on Students	University of Louisville
Vocational Development and Counseling	University of Florida

## **Grants**

- Electric Library Subscription (November, 1996). Mini-grant accepted for six months subscription to an on-line database called the Electric Library.
- Counselor Education Resource Center (August, 1996). Mini-grant to initiate this World Wide Web Site (http://garcon.education.louisville.edu/~rasabe01).

Detrick Education Peer Assisted Technology Training Center (March, 1997). Request for \$0.00 \$5,998 to develop a comprehensive behavior modification program and other guidance and counseling interventions with the use of computer technology. Not funded.

TOTAL \$769.95

# **Professional Presentations & Workshops**

	La grante ( ) Art of the last of the Conference of the last of the	No.
	■ World Wide Web and Multimedia Boot Camp for Counselors (September 2001). Kansas Counselor Conference.	21
		157
	From Flintstone to Jetson: High-tech tricks for School Counselors (September 2001). Keynote address for the Kansas Counselor Conference.	156
	Solution Focused Brief Therapy (September 2001). One-day introductory workshop for counselors. Foundation for Professional Development, Fort Myers, FL.	26
	■ Evaluation Track/Developing Surveys for Assessing Your Peer Helping Program (July, 2001). National Peer Helper Association Conference, Kansas City, KS	30
	■ Internet Boot Camp for Counselors (July, 2001). Summer seminar at Long Island University, CW Post Campus, Long Island, NY	27
	■ Internet Boot Camp for Counselors (July, 2001). American School Counselor Association Leadership Development Institute.	14
	■ Internet Boot Camp for Counselors. (February 29-March 1, 2001) Two-day pre-conference workshop as part of the Kentucky School Counselor Association.	26
٠	■ Internet Boot Camp for Counselors (March 3, 2001). One day pre-conference workshop for the Washington School Counselor Association.	18
	■ Power Promoting for your School Counseling program using Power Point (March 4, 2001). Content session for the Washington School Counselor Association.	14
	■ Web site development for School Counselors (March 4, 2001). Content session for the Washington School Counselor Association.	12
	■ Counseling and Technology: Virtually Speaking (February 8 <sup>th</sup> , 2001). Keynote presentation for the Indiana Counseling Association conference.	450
	■ Counseling and Technology Boot Camps (February 8th-9th, 2001). Series of 3-hour boot camps covering World Wide Web and PowerPoint competencies.	80
	Solution Focused Brief Counseling (January 25, 2001). 2.5 hour plenary workshop for the Lee County Counselor Association.	70
	■ Increasing Your Data-cation with Technology (November 11, 2000). 3 hour content session to help counselors learn how to use personal or existing data to make important decisions about counseling activities. Also learned how to automate reports and use personal information to create various documents from certificates to permission forms.	28
	■ Reducing the Risk of Sexual Harassment in Schools (November 10, 2000). 3 hour content session. Florida Counseling Association, Daytona Beach, Florida.	12
	■ Power Public Relations Using Microsoft PowerPoint (November 10, 2000). 3 hour content (demonstration) session to help counselors learn how to use PowerPoint as a prolific communication tool across many different media (live, video, email, web, and self-running slide show). Florida Counseling Association, Daytona Beach, Florida.	22

	<b>115.</b> 2
WebAuthoring 101 (November 9, 2000). 3 hour content (demonstration) session to assist counselors in web site development using FrontPage 2000. Florida Counseling Association, Daytona Beach, Florida.	18
■ Internet Boot Camp (July 25, 2000). Half-day workshop for state school counselor association leadership at the American School Counselor Association Leadership Development Institute.	32
■ Internet Boot Camp for Counselors (April 14, 2000). One day pre-conference workshop for the Pennsylvania School Counselor Association.	27
■ From Fred Flintstone to George Jetson: Counselors and Technology (April 15, 2000). Presentation at the annual conference of the Pennsylvania School Counselor Association.	37
■ WebAuthoring 101 for Counselors. (March 3, 2000). Three hour presentation for the Washington School Counselor Association, Olympia, Washington.	П
■ Internet BootCamp for Counselors. Program in a High Tech World. (March 2, 2000). One day preconference workshop for the Washington School Counselor Association, Olympia, Washington.	34
■ Promoting Your School Counseling Program in a High Tech World. (March 3, 2000). Three hour presentation for the Washington School Counselor Association, Olympia, Washington.	22
■ Promoting Your School Counseling Program in a High Tech World. (November 18th, 1999). Three hour presentation for the Florida School Counselor Association, Tampa, Florida.	50
■ Internet Boot Camp (October 12-13, 1999). Two day workshop for the Kentucky Counseling Association, Louisville, KY.	18
■ Internet Boot Camp (June 26, 1999). Three hour workshop at the American School Counselor Association Conference, Phoenix, AZ.	33
■ Confronting Sexual Harassment in the Workplace (May 14, 1999). Full day staff development training of the School of Education's staff, University of Louisville.	50
■ Counseling Internet Boot Camp. (March 12-13, 1999). Two day drive in conference for North Carolina School Counselors Association.	48
■ School Counselor as Coordinator: Practical School Wide Programs. (March 5, 1999). Presented with five University of Louisville MEd practicum students.	12
■ Counseling Internet Boot Camp. (February 23-24, 1999). Pre-conference workshop for the Wisconsin School Counselors Association.	38
Reducing Violence in the Schools: The School Counselor's Role. (February 4, 1999). Member of a virtual panel at www.tappedin.org.	48
■ Counseling & Technology Boot Camp (October, 1998). Trained 35 participants over two days in various computer programs (e.g., multimedia, World Wide Web, electronic mail, file management) and specific applications to counseling. Kentucky Counseling Association, Louisville, KY	35
■ Internet BootCamp for Counselor Leaders (July, 1998), American School Counselor Association Leadership Development Institute. Glorieta, New Mexico.	22
■ Confronting Sexual Harassment in Schools (July, 1998), Radford University Summer Counseling Institute. Radford, VA.	9
■ Confronting Sexual Harassment in Schools (March, 1998). American Counseling Association. Orlando, FL.	55
■ Practical Technology Applications in Guidance and Counseling. (March, 1998). Kentucky School Counselor Association. Lexington, KY.	8
■ Professional Development through Publishing (October, 1997). Southern Region American Counseling Association. Louisville, KY.	10

1138		
51		
!	Empowering Beginning Counselors with Solution-Focused Supervision (October, 1997). Southern Association of Counselor Education and Supervision, Louisville, KY.	38
	Sexual Harassment Risk Reduction Among Perpetrators, Victims, and Institutions (October, 1997). Kentucky Counseling Association, Louisville, KY.	16
•	Counseling & Technology Boot Camp (October, 1997). Trained 35 participants over two days in various computer programs (e.g., multimedia, World Wide Web, electronic mail, file management) and specific applications to counseling. Kentucky Counseling Association, Louisville, KY.	35
- 1	PEERing Into the Future (June, 1997). Keynote address at the International Conference of the National Peer Helper Association, San Antonio, TX. Presented potentials, challenges, and visions or various uses of technology in the area of peer helper programs and training.	200
	■ The Licenced Counseling Technologist: Internet Training for Counselors (June, 1997). Conference of the National Peer Helper Association, San Antonio, TX.	8
ı	Advisement Enhancement Seminar (April, 1997). Participated in training, with the use of multimedia, 18 new University of Louisville faculty in ethics of postsecondary academic advising as established by the National Academic Advising Association.	18
	Internet Applications in Counseling (March, 1997). Worked with 8 participants in learning the nternet and as applied to counseling. University of Louisville, Louisville, KY.	8
	Process Consultant. (March, 1997). Provided a faculty group at the University of Louisville with process consultation and follow-up reports during faculty meeting and full day retreat.	14
9	Ohio Valley Education Cooperative (July, 1997). Trained 40 principals, counselors and superintendents in the area of solution focused peer mediation and sexual harassment risk reduction. Louisville, KY	40
	Sexual Harassment Risk Reduction Among At-Risk Youth, Archdiocese of Louisville, KY (June, 997)	42
	Sexual Harassment Risk Reduction Among At-Risk Youth, International Conference of the American Counseling Association, Orlando, FL (April, 1997).	50
 	Sexual Harassment Risk Reduction Among At-Risk Youth, International Conference of the American Counseling Association, Pittsburgh, PA (April, 1996).	45
 	Counseling and Technology. Leadership Institute of the American School Counselor Association, ouisville, KY (July 1996).	22
I	Sexual Harassment Risk Reduction Among At-Risk Youth, Beuchel Middle School, Louisville, KY September, 1996)	40
I	Sexual Harassment Risk Reduction Among At-Risk Youth, Annual Conference of the Kentucky Counseling Association (October, 1996).	30
	Peer Programs and Training: Learn It, Live It, and Love It. Two-day preconference workshop at he Annual Conference of the Kentucky Counseling Association (October, 1996).	25
	Sexual Harassment Risk Reduction Among K-12 Students. Jefferson County Public Schools, ouisville, KY (May, 1996).	42
/	Florida Peer Helper Association: Past, Present, and Future. Keynote address at the Third Annual Adult Trainer Conference of the Florida Peer Helper Association, Daytona Beach, FL (October, 1995).	100
	Confronting Sexual Harassment: Learning Activities for Teens. Third Annual Adult Trainer Conference of the Florida Peer Helper Association, Daytona Beach, FL (October, 1995).	25
	The Power of Peers Against Sexual Harassment - Second Annual Conference of the Florida Peer Helper Association, Orlando, FL (October 1994).	22

Sexual Harassment Risk Reduction. First Annual Conference of the Florida Peer Helper Association, Kissimmee, FL (October 1993).	22
■ Peer Counseling: Promoting and Developing Positive Peer Involvement - School Board of Alachua County, Gainesville, FL (August, 1992).	35
■ Increasing Rape Awareness Among Adolescents - American Association of Counseling & Development Conference, Cincinnati, Ohio (March, 1990)	50
■ Conflict Management and Self-Defense - Veterans Administration Hospital, Gainesville, Florida (April, 1990).	50
■ Complaining As a Form of Social Communication - Southeastern Psychological Association Conference, Atlanta, Georgia (May, 1987).	51
SALES CANAS SERVICES OF THE SERVICE	260

## **Consultations**

- Consultant. Florida Educational Institute. Collaborate with a team to develop a prototype for a new career development and advisement web site. (November 2000 present).
- Consultant. Work with faculty and staff of a Teen Pregnancy Prevention Program to adopt solution focused behavior management. Labelle, Florida. (October 2000 present)
- Webmaster. Create and maintain the website for the American School Counselor Association (www. Schoolcounselor.org).
- Webmaster. Create the website for Marian Anderson (www.mariananderson.com).
- Webmaster. Create and maintain the website for the California School Counselor Association (www. CA-Schoolcounselor.org)
- United Parcel Service. Consulted with management regarding the creation of a career resource center (March, 1998).
- Bullitt County ISAP Tutor Training (1996, 1997). Provided training for all Bullitt County ISAP tutors four times per year in the area of individual and group behavior management.
- International Tire & Rubber Association (1997 present). Provided case consultation for creating a certification program within the industry.
- Process Consultatint. (February, 1997). Provided process consultation for a faculty department at the University of Louisville during meetings and a retreat.
- American School Counseling Association Leadership Conference (August, 1996). Trained 18 newly elected Presidents and staff for various state branches in the Internet's World Wide Web and electronic mail.
- Solution Focused Brief Counseling. Provided 73 hours of individual and group SFBC for Fern Creek and Bates Elementary Schools, Jefferson County Public Schools, KY (March June, 1996).
- Statewide Conference Coordination. Coordinated the Florida Peer Helper Association's statewide conference. Developed the program, conducted a call for presentations, registrations, and all necessary correspondence (October, 1995).
- In the Middle of the Middle School Years. Alachua County Parent-Teacher Association, Gainesville, FL (February, 1995).
- Promoting and Developing Positive Peer Involvement: Can We Afford Not to Act? Drug Free Schools and Communities Training Grant CFDA 84.207A. School Board of Alachua County, Gainesville, FL (April August, 1992).
- Gifted Student Mentorship Utilizing Peer Counseling. Florida Department of Education, (July 1990 June 1992).

## Service

## Florida Gulf Coast University College of Education

- Admission and Appeals (October 1999 to present), Chair.
- Faculty Senate Alternate (October 1999 to present).
- College of Education Technology Committee (August 1999- present)
- Work climate task force (March 9, 2001 present)

## Florida Gulf Coast University Counselor Education Program

- Practicum/Internship placement
- Program Orientation
- School Counseling coordination

### **University of Louisville Departmental**

- Department of Educational & Counseling Psychology CACREP Accreditation Committee (October, 1996 present).
- Department of Educational & Counseling Psychology Doctoral Policy and Procedures Committee (October, 1997 - present).
- Department of Educational & Counseling Psychology Doctoral Standards and Admissions Committee (October, 1996 present).
- Department of Educational & Counseling Psychology School Counseling Folio Review Committee (October, 1996 - present).
- Department of Educational & Counseling Psychology Budget Committee (September 1996 October, 1997).

#### University of Louisville School wide

- School of Education Technology Committee (June 1996 October, 1998)
- School of Education Curriculum Committee (September 1996 present). Subcommittee to draft Curriculum Standards for Distance Education.
- School of Education Task Force on the Work Environment (September, 1995 November, 1997).
- School of Education Faculty Research and Professional Development Committee (August 1996 present; Chair 1997-99).

#### **University of Louisville**

- University of Louisville Faculty Senate (June, 1996 present).
- University of Louisville Grade Book Committee (January, 1996 present)

#### **Professional**

- National Peer Helper Publications Committee Chair (June 2000 present)
- Florida School Counselor Association Public Relations/Professional Development committee chair (August, 1999-present).
- American School Counselor Association Interactive Technology Committee (January 1995 present). Chair, 1998-present.
- Kentucky Counseling Association Graduate Student Committee, Chair. (September, 1997 present).
- Association for Counselor Education and Supervision Technology Committee (October 1998 present).
- Florida Peer Helper Association Conference Committee (January, 1992 October, 1995).

## **Publications**

#### **Books**

Sabella, R.A., & Walz, G. (Due to be published mid 2002). Frequently Asked Questions and Answers about School Counseling. Greensborogh, NC: ERIC/CASS.

Tyler, J.M., & Sabella, R.A. (Due to be published beginning of 2003). Using Technology to Improve Counseling Practice. Alexandria, VA: American Counseling Association.

Sabella, R. A. (1999). SchoolCounselor.com: A friendly and practical guide to the World Wide Web. (Including over 700 counseling related websites). Minneapolis, MN: Educational Media Corporation.

\*Sabella, R. A. & Myrick, R. D. (1995). Confronting sexual harassment: Learning activities for teens.

Minneapolis, MN: Educational Media Corporation.

#### **Chapters**

Sabella, R.A. (2001). Faces of Harassment in Schools. In Sandhu, D.S. (Editor) Faces of Violence in Schools. Huntington, NY: Nova Science Publishers, Inc.

Sabella, R.A, and Tyler, J.M. (2001). Elementary School Counselor Technology Competencies. In Sandhu, D.S. (Editor). Elementary School Counseling in the New Millennium. Alexandria, VA: American Counseling Association.

Sabella, R.A. (2000). School Counseling and Technology. In Wittmer, J. Managing and Implementing a K-12 Guidance and Counseling Program (2<sup>nd</sup> ed). Minneapolis, MN: Educational Media Corporation.

## **Journal Articles**

Sklare, G.B., Sabella, R.A., Petrosko, J. (under review). Solution Focused Guided Imagery in a Group Setting. Sabella, R.A., & Booker, B. (under review). Using Multimedia Presentations for Promoting your School Counseling Program.

Sabella, R.A., & Locke, K. (in press). Pioneers in Peer Helping: Barbara Varenhorst. Peer Facilitator Quarterly. Sabella, R.A. (in press). How School Counselors Could Benefit from E-Government Solutions: The Case of Paperwork. ERIC Digest

Sabella, R.A. (In press). Evaluating software in counseling. ERIC Digest.

Sabella, R.A. (1998). Practical technology applications for peer helper programs and training. Peer Facilitator Quarterly, 15(2), 4-13.

Sabella, R. A. (1998) World Wide Web Resources for Counseling Children and Adolescents with Disabilities. Professional School Counseling, , 2(1), 47-53.

Sabella, R. A. (1997). Sexual harassment in schools: What's the problem? The Journal for the Professional Counselor, 12(1), 55-67.

Sabella, R. A. (1996). School counselors and computers: Specific time saving tips. Elementary School Guidance & Counseling, 31(2), 83-95.

\*Myrick, R. D., Highland, W. H., & Sabella, R. A. (1995). Peer helpers and perceived effectiveness. Elementary School Guidance and Counseling, 29(4).

\*Myrick, R. D. & Sabella, R. A. (1995). Cyberspace: New place for counselor supervision. *Elementary School Guidance and Counseling*, 30(1).

\*Sabella, R. A., Thomas, D. M., & Myrick, R. D. (1995). Peer helper training evaluations: A retrospective approach. The Peer Facilitator Quarterly, 12(3).

\*Sabella, R. A. & Myrick, R. D. (1995) Peer helpers confront sexual harassment. The Peer Facilitator Quarterly, 13(1).

<sup>\*</sup>Indicates publications based on quantitative or qualitative data driven research.

#### **Book Reviews**

- Preston, J. (1998). Integrative Brief Therapy: Cognitive, Psychodynamic, Humanistic and Neurobehavioral Approaches. Counseling Today, in press.
- Sklare, G.B. (June, 1997). Brief counseling that works: A solution-focused approach for school counselors. Counseling Today.

#### Other Publications

- Sabella, R.A. Sexual harassment critical incident. In Tyson, L.E., & Pedersen, P.B. (1999). Critical incidents in school counseling. Alexandria, VA: American Counseling Association.
- Sabella, R.A. Internet Terminology. (June, 1999) The ASCA Counselor.
- Sabella, R.A. Confronting Sexual Harassment Among children. (March/April, 1999). The ASCA Counselor.
- Sabella, R.A. The Right Kind of Computer. (March/April, 1999). The ASCA Counselor.
- Muller-Ackerman, B., & Sabella, R.A. Counseling Listservs. (February, 1999). The ASCA Counselor.
- Sabella, R.A. Value of Counselors. (June 16, 1997). Louisville Courier-Journal.
- Educational & Counseling Psychology School Counseling Program Handbook (1997-present).
- World Wide Web Resources for Counselors. Kentucky Counseling Association Tip Sheet. 1997.
- Confronting Sexual Harassment in Schools. Kentucky Counseling Association Tip Sheet. 1998
- Sexual harassment risk reduction among elementary students: A guidance unit. In J.P. Wittmer et al., Large Group Guidance Resources: A K-6 Source book. Minneapolis, MN: Educational Media Corporation.
- Sexual harassment in the schools. (1998, February). Article included in a packet distributed by the American Counseling Association's Office of Public Policy and Information.

## Technology Skills

- ❖ Windows 9x
- Corel WordPerfect 6.0-9.0
- Microsoft PowerPoint
- Microsoft Image and Animated GIF Creator
- Internet Explorer & Netscape Communicator

- Microsoft Excel
- Microsoft Outlook
- Chat, IRC, ICQMicrosoft Publisher 98
- ❖ SPSS
- Scanning and OCR
- Microsoft Frontpage 2000

# **Recognitions and Awards**

- Nominated for Counselor Educator of the Year (1999), Kentucky Counseling Association.
- Nominated for the UofL Outstanding Beginning Faculty Scholars Program (October, 1997)
- Chi Sigma Iota Outstanding Doctoral Student Award (February 1995)
- Paul Fitzgerald Memorial Scholarship Recipient (March 1994).
- Pi Lambda Theta Educational Honorary (March 1990).
- Chi Sigma lota National Counseling Honorary (1989).
- UF Presidential Recognition of Leadership Award (April 1985; March 1987).
- Psi Chi National Psychology Honorary (April 1986).
- Dean's List (December 1985)

# **Editorial Positions**

■ Peer Facilitator Quarterly (Official publication of the National Peer Helper Association), Editor. June, 2000-present.

- SchoolCounselor.com E-letter, Editor. (March, 1999 present)
- Journal for Technology in Counseling, Editoral Board Member(November 1998 present).
- The Peer Facilitator Quarterly, Research Abstract Editor, (September, 1997 present).
- Professional School Counselor (formerly Elementary School Guidance & Counseling Editorial Board (June 1996 present).
- Peer Facilitator Quarterly Editorial Board (July 1997 October 2000).
- PeerView, Co-Editor. The official newsletter of the Florida Peer Helper Association, (January 1992 October 1996).
- COARrelations, Editor. Newsletter of the Campus Organized Against Rape, University of Florida, Gainesville, FL (May 1988-January 1990).

## Office Positions Held

- Public Relations/Professional Development Chair, Florida School Counselor Association (August, 1999-present)
- Interactive Technology Chair, American School Counseling Association (May 1998 present)
- Governing Board, National Peer Helper Association (July, 1997 July, 1998).
- Governing Board/Parliamentarian, Kentucky Counseling Association (June, 1996 present)
- Secretary/Treasurer, Florida Peer Helper Association (January 1993 October, 1995).
- Secretary/Treasurer, Psi Chi National Honorary Society (1985-86).

## **Professional Affiliations**

- American School Counselor Association
- American Counseling Association
- Assoc. for Counselor Educ. & Supervision
- Florida Peer Helper Association
- Kentucky Counseling Association
- Kentucky School Counselor Association
- Florida School Counselor Association

#### Selected Counseling Related Electronic Network Affiliations

- International Counselor Network
- Counselor Education & Supervision Network
- National Center for Statistics in Education
- Peer Assisted Learning Network
- Network on Bullying
- Education and Technology Network

# Selected Volunteer Work

- Essential Interviewing (August 2001). Basic and advanced interviewing skills for case workers and counselors. Salvation Army Service Center, Fort Myers, FL.
- Solution Focused Brief Counseling with Parents and Families (March-April, 2001). Trained, supervised, and consulted with various counselors at the Ruth Cooper Mental Health Agency, Ft. Myers, Florida.
- Six session solution-focused drop-out preventions groups. (June 2000) Conducted two small group counseling units, one with boys and another with girls, using an innovative brief counseling approach with at-risk children. Alternative High School, Ft. Myers, FL. (May-June, 2000). Also replicated this group at Fort Myers High School, Ft. Myers, FL (October-November, 2000).
- Odyssey of the Mind (OM) Coach. Coach an OM team from Pelican Elementary School, Cape Coral, FL (November 2000 - present).

- Parent Involvement Program. Consulted with Knight Middle School, Jefferson County, Kentucky. (March, 1999).
- Conflict Resolution and Peer Mediation. Guest speaker for fourth and fifth grade student assembly. Indian Trail Elementary School (October 10, 1997).
- Parent Divorce Support Group. Fern Creek Elementary Family Resource Center (November 1998).
- Special Mentor Program Jefferson County Public Schools (March, 1997). Worked with several students conducting career development activities.
- Judge, National Junior Science and Humanities Symposium (March, 1999). Evaluated several student research projects in the area of behavioral sciences.

References upon request.