

FINAL Tape Evaluation Rubric

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Date Reviewed: July 15, 2010 (50:08)

| Skill | Comments |
|----------------------------|---|
| Attending and Listening | ■ OK |
| Basic Empathy | ■ OK |
| Effective Inquiry | <ul style="list-style-type: none"> ■ 0:35 “If you can imagine one thing ... what would be better?” – good. ■ “What difference would that make for you?” .. Good. ■ open question throughout. Many of which are SF. Good. |
| Reflective Feeling | ■ do this more. |
| Reflective Content | ■ Effective and appropriate summarizing throughout. |
| Immediacy | ■ OK |
| Confronting | ■ NA |
| Complimenting | <ul style="list-style-type: none"> ■ 7:47 cheerleading :) ■ 28:05 compliment |
| Self-disclosing | ■ |
| Information Giving | ■ |
| Interpreting | ■ |
| Structuring | ■ do this more. |
| Reframing | ■ |
| Homework | ■ sound track of your life for next week. |
| Cooperation and Commitment | ■ good. |

STRENGTHS

- Setting goals:

- Being sober and clear (these need to be **detailed**).
- Walking a lot (fitness).
- Lots of amplifying in the first few minutes (esp. with kids). This would be even more impactful if first did *detailed*.
- 6:50 some mind mapping, good.
- Lots of summarizing throughout.
- 36:35 Scaling (you introduced this process although abandoned it after a minute or two)
 - cheerleading a 7

FUTURE RECOMMENDATIONS

- detail, detail, detail. What did she do/think when
- more mind mapping.
- more feeling focused and feedback responses.
- more detailed and comprehensive use of the SFBC model. You are focused on and helping her recognize strengths although not following through. When you identify a strength, then detail, mind map, mine field, cheerlead, and amplify.
- Relatedly, complete the scaling process more per the training packet. That is, explore progress made in detail, mind map, etc..

TO THINK ABOUT:

- If she can stay sober for the health of the baby, she can do it for her own health too. Some women do drink while pregnant, she did not. Explore this.
- Feeling better is not a goal. What is she able to do better as a result?

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